

EROS SPA

Spring Packages

Package 1 *(50 mins)*

Hot Stone back, neck and shoulder Massage including Indian Head Massage

€75

Package 2 *(30 mins)*

Rehydrating Yonka Paris Facial combined with a taster hand, arm and scalp Massage

€50

Package 3 *(50 mins)*

Our Signature back, neck and shoulder Massage plus an Escale Beaute Yonka Paris Facial

€75

Package 4 *(20 mins)*

Soothing foot soak followed by exfoliation and relaxing foot Massage
add a file and polish €10 extra

€30

Packages are discounted on our normal brochure prices. Hotel Spa Packages are already discounted and cannot be used with the above offers. We apply a strict 24 hour Cancellation policy. Please arrive 10min before your appointment.

Pre-Bookings are essential

tel: 071 9117954

email: spa@yeatscountryhotel.com

visit: level 3 or dial 158 from your room



Welcome
to

EROS SPA

at

Yeats Country Hotel

**Relax
Revitalise
Indulge
Enjoy**

**Our therapists welcome you to the Spa
to discuss your treatment**

visit Eros Spa on level 3
or call us on ext 158
for appointments

EROS SPA

Enter a world of calm and harmony for body, mind and spirit, created for your pleasure and well-being. All our treatments meet your individual requirements offering you the ultimate pampering experience and will leave you feeling revitalised, restored and relaxed.

"Where peace comes dropping slow"
W B Yeats

SPA TREATMENTS

FACE

Facial treatments maintain and improve the quality of the skin, aiding blood circulation, muscle relaxation and slowing the onset of wrinkles.

MASSAGE

Massage has profound effects on body and mind. Its healing process can reduce heart rate blood pressure, increase joint mobility, improve circulation and immune function and relieve anxiety and stress.

Massage can further help alleviate headaches, tension, insomnia, depression, aches and pains, and is one of the easiest ways of attaining and maintaining good health.

HOT STONE MASSAGE

Heated basalt stones combined with aroma oils placed on key energy points evoking an aura of warmth. The deep penetrating heat from the basalt stones is used to massage the body with traditional techniques to release muscular tension and balance the spirit.

SEAWEED BATH

A Seaweed Bath is nature's perfect body balancer and an excellent way to take in iodine therapy. Seaweeds purify and balance the ocean and they can do the same for your body. Noticeable rejuvenating effects occur when toxins are released from

your tissues. A hot seaweed bath is like a wet steam sauna only better because the sea greens balance body chemistry instead of dehydrating it.

PEAT BATH

Peat therapy works by enhancing the immune system, improving blood and lymph circulation, and spurring metabolic cell activity. Benefits include relief from Osteoarthritis & back pain, muscle tension, headaches and flu with mind and body stress relief.

BOTANICAL AROMATHERAPY BATH

You are immersed into pure botanical sea salt extracts and essential aromatic oils. This infusion of energising herbal fragrances leaves your skin softened and muscles relaxed to promote your well-being.

REFLEXOLOGY

The treatment acknowledges the theory that there is a reflex on the foot relative to every organ and gland in the body. This holistic healing works by using alternative pressure on the feet coinciding with specific hand and finger techniques.

When your treatment is completed you are invited to spend time in the Eros Spa Relaxation Room.



EROS SPA

PRICE LIST

FACIALS from Yonka

Grande Classique - 60 minute €70

Hydroessence – 60 minute €70

Yonka Paris Mini Facial – 25 minute €45

BODY TREATMENTS

Yonka Delux Exfoliation treatment 45 minutes €70

SPECIAL TREATMENTS

Hot Stone Back Massage 30 min €50

Hot Stone Full Body Massage €90

Reflexology 60 min €60

Seaweed/Peat Bath 40 min €25

Double Seaweed/Peat Bath 40 min €45

Botanical Salt Bath 40 min €25

Indian Head Massage 30 min €45

Full Body Aromatherapy Massage 90 min €100

Full Body Aromatherapy Massage 60 min €70

Pregnancy Massage €70

Back, Neck & Shoulder Massage 30 min €45

Arms & Legs Massage 30 min €45

Deep Tissue Massage 60 min €90

NAILS

GElation - 2 week polish €35

File & Polish €15

Pedicure €45

Manicure €45

Manicure & Pedicure €80

WAX WORKS

Full Leg Waxing €30

Half Leg Waxing €15

Full Leg & Bikini (Basic) €40

Bikini Line Waxing €20

Brazilian €30

Hollywood €50

Under Arm Waxing €12

Arm Waxing €15

Chest Waxing €30

Back Waxing €30

Upper Lip Wax €10

Chin Wax €10

Upper Lip & Chin €15

Eyebrow Waxing €10

Eyebrow Shape €10

TANNING

Full Body Tan €25

Half Body Tan €15

TINTING

Eyelash Tint €12

Eyebrow Tint €10

Lash & Brow Tint & Shape €25

MAKE-UP

Make-Up Application €35

DELUXE TREATMENTS FOR ULTIMATE RELAXATION

Ancient Greek Massage 30 mins €55

Ancient Greek Massage 60 mins €80

4 Hand Massage 75 mins €200



SPA OPEN 7 days a week

Level 3 from the lift - Ext 158